



Whitegate Nursery school Autumn/Winter 2025

<p><u>Breakfast</u> Served from 7:30am- 8.25am</p> <p>A variety of different cereals – malted wheats, rice crispies, cheerios, porridge, Weetabix Toast Pancakes or crumpets Fruit – Banana, seasonal berries, melon</p>
<p><u>Morning Snack</u> Fruit Toast and spread Milk or Water</p>

Week 1			Week 2	
<u>Dinner</u> Served from 11:45am			<u>Dinner</u> Served from 11:45am	
Monday	Beef and bean chilli and Rice	Bananas and custard	Spaghetti Bolognese (meat free) served with garlic bread	Fruit Yoghurt
Tuesday	Cheese and onion pie served with baked beans	Ginger cake	Chicken and leek hotpot served with garden peas	Chocolate cake served with peppermint sauce
Wednesday	Sausage, mashed potatoes and gravy served with carrots and parsnips	Oat biscuit	Cottage pie with mixed vegetables	Jam roly poly and custard
Thursday	Beef cobbler with mixed vegetables	Angel delight	Sausage pasta served with peas and sweetcorn	Rice Pudding and jam
Friday	Fish fingers, homemade chips and mushy peas	Peach crumble and cream	Roast chicken, stuffing, Yorkshire pudding, roast potatoes, spouts and cabbage	Banana and raisin flapjack

<p><u>Afternoon snack</u> Fruit and vegetable sticks Unsalted crackers or rice cakes Hummus Cheese Milk or water</p>

<u>Tea</u> Served from 3:45pm		
Monday	Sweet potato soup with bread	Natural yoghurt served with fruit
Tuesday	Cauliflower macaroni cheese	Natural yoghurt served with fruit
Wednesday	Beef burritos (rice and vegetables)	Natural yoghurt served with fruit
Thursday	Jacket potato with tuna and cheese	Natural yoghurt served with fruit
Friday	Campfire stew with mashed potato	Natural yoghurt served with fruit

For information on allergens please see website or ask at Reception for a hard copy